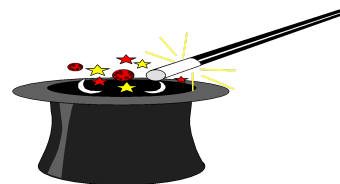


Meal Magic

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This is your suggested menu for May. Please choose a total of 30 meals. You may change vegetables or potatoes to suit your preferences.

MAY

Choose: Low Salt / No Salt / Diabetic / Extra Soft

- 3 or 6 Chicken Breast Stuffed with Broccoli and Cheese
Baked Potato
Peas: Frozen OR Canned
- 3 or 6 Hot Tuna Noodle Casserole with Peas (a bit of green pepper)
Brown Sugar Carrots OR Plain
- 3 or 6 Pancakes
Bacon
Peaches in light syrup
- 3 or 6 Hamburger Macaroni Soup
French Dip Sandwich with Aus Jus
- 3 or 6 BBQ Ribs BBQ Sauce OR Splenda sauce OR No Sauce
Baked Beans OR French Fries
Corn: Frozen OR Canned OR Creamed
- 3 or 6 Vegetable Stir Fry w/ Chicken Breast on Brown Rice
With Sweet & Sour Sauce OR Without Sauce
- 3 or 6 Pork Loin with Apples and Onions **LIMIT 6**
Mashed Potatoes
Cauliflower: With or Without Cheese
- 3 or 6 Ham Steak
Creamy Hash Brown Potato Casserole
Green Beans: Frozen OR Canned