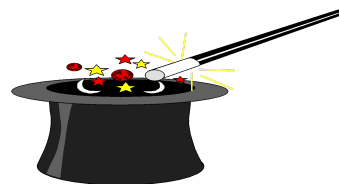


Meal Magic

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This is your suggested menu for March. Please choose a total of 30 meals. You may change vegetables or potatoes to suit your preferences.

MARCH 2020 Choose: Regular Salt/ Low Salt / No Salt / Extra Soft

- 3 or 6 Chicken Breast Strips
Baked Sweet Potato OR Sweetened Chunks
Mixed Vegetables
- 3 or 6 Fish Sticks With OR Without Tartar Sauce
Tater Tots
Green Beans with Bacon, Tomato and Onion OR Plain
- 3 or 6 Waffles
Sausage Patties
Frozen Strawberries
- 3 or 6 Taco Chili (*ground turkey, black beans, kidney beans, corn, mild salsa, tomatoes, cheese garnish*) **This is not spicy.**
Biscuit
- 3 or 6 Steak Burger with a Bun
Au Gratin Potatoes
Corn: Frozen OR Canned OR Creamed
- 3 or 6 Spaghetti with Meat Sauce With or Without Parmesan Cheese
Broccoli
- 3 or 6 Salisbury Steak With or Without onion gravy
Mashed Potatoes
Brussels Sprouts
- 3 or 6 Corned Beef and Cabbage with Red Potatoes and Carrots (LIMIT 6) (no substitutions or changes)